

	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EACCA	Silverspring	WUHC A	City to find Instructor? (Y/N)	Total spaces in class	
Beginner Yoga	14yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Sep. 18/17	Dec. 4/17	7:15-8:15	\$50	Oct 09, Nov 13	Adult	EACCA	0	5	8	4	3		20	
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Sep. 21/17	Nov. 30/17	6:30-7:30	\$50	Nov. 9/17	Adult	EACCA	0	4	8	4	3		20	
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Sep. 19/17	Nov. 21/17	6:30-7:30	\$50		Adult	EACCA	0	4	8	4	3		20	
Boot Camp	18yrs+	Forest Grove School - Lg. Gym	Tues	Sep. 19/17	Nov. 21/17	8:00-9:00	\$50		Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited		unlimited	
Cardio Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Sep. 20/17	Nov. 22/17	8:30-9:30	\$50		Adult	EACCA	3	4	8	4	5		24	
Core Body	18yrs+	Bishop Filevich School - Gym	Mon	Sep. 18/17	Dec. 4/17	6:00-7:00	\$50	Oct 09, Nov 13	Adult	EACCA	2	4	8	4	4		22	
Engineering for Kids - Apprentice level	7-11yrs	Forest grove LRC-1111	Thurs			6:30-8:00	\$175 (6 classes and materials included)		Child	EACCA	3	0	8	5	6		22	
Engineering for Kids - Junior	4-6yrs	Forest Grove LRC-1111	Tues			6:30-7:30	\$150 (6 classes and materials included)		Child	EACCA	2	0	4	5	5		16	
Art through the Ages	8-12 years	Forest Grove LRC-1111	Mon	sept 18/17	Dec.4/17	6:30-7:30	\$50 (includes material)		Child	EACCA	3	2	5	2	3		15	New class
Flow Yoga	18yrs+	Bishop Filevich School - Gym	Mon	Sep. 18/17	Dec. 4/17	7:15-8:15	\$50	Oct 09, Nov 13	Adult	EACCA	0	5	8	5	3	Y	21	
Flow Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Sep. 20/17	Nov. 22/17	7:15-8:15	\$50		Adult	EACCA	3	4	8	4	3		22	
Hula Hooping All Skill Levels	18yrs+	Forest Grove School - Small Gym	Mon	Sep. 18/17	Dec. 4/17	7:45-8:45	\$50	Oct 09, Nov 13	Adult	EACCA	2	4	4	3	3		16	
Hula Hooping Beginner 40 +	40yrs+	Forest Grove School - Small Gym	Mon	Sep. 18/17	Dec. 4/17	6:30-7:30	\$50	Oct 09, Nov 13	Adult	EACCA	2	4	4	3	3		16	
Kettlebell	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Sep. 21/17	Nov. 30/17	7:45-8:45	\$50	Nov. 9/17	Adult	EACCA	2	4	8	3	5		22	
Kickboxing	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Sep. 18/17	Dec. 4/17	8:30-9:30	\$50	Oct 09, Nov 13	Adult	EACCA	2	3	10	3	3		21	
Knitting	13yrs - adult	Father Robinson - Band Room	Thurs	Sep. 21/17	Nov. 30/17	6:30-8:30	\$50 + materials	Nov. 9/17	Family	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited		Unlimited	
Body Sculpt	18yrs+	Centennial Collegiate - Dance Studio	Wed	Sep. 20/17	Nov. 22/17	6:00-7:00	\$50		Adult	EACCA	3	3	11	4	4		25	
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Sep. 18/17	Dec. 4/17	6:00-7:00	\$50	Oct 09, Nov 13	Adult	EACCA	0	8	8	4	5		25	New Class
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Sep. 19/17	Nov. 21/17	7:45-8:45	\$50		Adult	EACCA	3	5	8	4	5		25	
STOTT Beginner Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Sep. 21/17	Nov. 30/17	6:45-7:45	\$50	Nov. 23/17	Adult	EACCA	4	6	8	4	4		26	
STOTT Intermediate Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Sep. 21/17	Nov. 30/17	8:00-9:00	\$50	Nov. 23/17	Adult	EACCA	4	6	8	4	4		26	
Zumba/Zumba Step	18yrs+	Forest Grove School - Lg. Gym	Thurs	Sep. 21/17	Nov. 30/17	8:00-9:00	\$50	Nov. 23/17	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited		unlimited	
Creative Dance 3-5yrs	3-5yrs	Sylvia Fedoruk Public School - Multi- Purpose Room1	Mon	Oct. 2/17	Dec. 18/17	6-6:30	\$35.00	Oct 9, Nov 13	Child	Evergreen	6	2	2	2	2	N	14	
Creative Dance 5-7yrs	5-7yrs	Sylvia Fedoruk Public School - Multi- Purpose Room1	Mon	Oct. 2/17	Dec. 18/17	6:30-7	\$35.00	Oct 9, Nov 13	Child	Evergreen	6	2	2	2	2	N	14	
Kindersize Parent and Tot (parent must attend)	2-3 and parent	Sylvia Fedoruk Public School - Multi- Purpose Room1	Tues	Oct.3/17	Dec. 5/17	6-6:30	\$25		Family	Evergreen	5	3	0	2	4	N	14	
Kindersize	3-5 yrs	Sylvia Fedoruk Public School - Multi- Purpose Room1	Tues	Oct. 3/17	Dec. 5/17	6:30-7	\$25		Child	Evergreen	5	3	0	2	2	N	12	
Blast Ball (3-4yrs)	3-4 yrs	Sylvia Fedoruk Public School - Multi- Purpose Room1	Fri	Oct. 13/17	Dec. 22/17	6-6:30	\$25	Oct 6, Nov 10	Child	Evergreen	5	0	3	2	3	Y	13	
Blast Ball (4-5yrs)	4-5 yrs	Sylvia Fedoruk Public School - Multi- Purpose Room1	Fri	Oct. 13/17	Dec. 22/17	6:30-7	\$25	Oct 6, Nov 10	Child	Evergreen	5	0	3	2	3	Y	13	
Mom & Baby Active	Baby and parent	Sylvia Fedoruk Public School-Community Resource Center	Tues	Oct. 3/17	Dec. 5/17	10AM-11AM	\$50		Family	Evergreen	4	4	4	4	4	Y	20	What is the age for baby?
SMBA Youth Basketball	8-13 Yrs	Sylvia Fedoruk Public School - Gym	Mon	Oct. 2	Dec. 18	7-8:30	\$175	Oct 9, Nov 13	Child	Evergreen	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	N		

	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EA CCA	Silverspring	WUHC A	City to find Instructor? (Y/N)	Total spaces in class
Co-ed Basketball	18+	Sylvia Fedoruk Public School - Gym	Mon	Oct. 2/17	Dec. 18/17	8:30-10	\$25	Oct 9, Nov 13	Adult	Evergreen	8	3	3	3	0	N	17
Youth Yoga	4-8 Yrs	Sylvia Fedoruk Public School-Community Resource Center	Thurs	Oct. 5/17	Nov. 23/17	6:30-7	\$25		Child	Evergreen	4	4	4	4	4	N	20
Yoga- Vinyasa flow	18+	Sylvia Fedoruk Public School-Community Resource Center	Thurs	Oct. 5/17	Dec. 7/17	7-8	\$50		Adult	Evergreen	8	4	0	4	4	N	20
Co-ed Volleyball	18+	St Volodymyr School - Gym	Mon	Sep. 18/17	Dec. 4/17	8:30-10:00	\$25	Oct 09, Nov 13	Adult	SFG	4	10	2	2	2	N	Total number of spots available is 20
Aerobics	16yrs+	St Volodymyr School - Gym	Mon +/or Wed	Sep. 18/17	Dec. 6/17	7:15-8:15	1 day/wk \$25 2 days/wk \$40	Oct 09, Nov 13	Adult	SFG	10 each night	lots	10 each night	10 each night	10 each night	N	Lots
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Sep. 30/17	Oct. 1/17	1-5pm	\$35		Child	SFG	8	8	8	8	8	N	40
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Oct. 28/17	Oct. 29/17	1-5pm	\$35		Child	SFG	8	8	8	8	8	N	40
Blast Ball	3-4yrs	Bishop Filevich School - Gym	Thurs	Sep. 21/17	Nov. 30/17	6-6:30	\$25	Nov. 09	Child	SFG	4	4	0	4	0		12
Blast Ball	4-5yrs	Bishop Filevich School - Gym	Thurs	Sep. 21/17	Nov. 30/17	6:30-7	\$25	Nov. 09	Child	SFG	4	4	0	4	0		12
Blast Ball	3-4yrs	Bishop Filevich School - Gym	Wed	Sep. 20/17	Nov. 22/17	6-6:30	\$25		Child	SFG	0	7	0	0	5		12
Blast Ball	4-5yrs	Bishop Filevich School - Gym	Wed	Sep. 20/17	Nov. 22/17	6:30-7	\$25		Child	SFG	0	7	0	0	5		12
Floor Hockey	6-8yrs	St Volodymyr School - Gym	Thurs	Sep. 21/17	Nov. 30/17	6:30-7:30	\$25		Child	SFG	2	6	3	3	4		18
Floor Hockey	9-12yrs	St Volodymyr School - Gym	Thurs	Sep. 21/17	Nov. 30/17	7:30-8:30	\$25		Child	SFG	2	6	3	4	3		18
Kindersize II	3-5yrs	St Volodymyr School - Gym	Mon	Sep. 18/17	Dec. 4/17	6:30-7:00	\$25		Child	SFG	5	4	0	5	5		19
Kindersize parent & tot	2-3yrs + adult	St Volodymyr School - Gym	Mon	Sep. 18/17	Dec. 4/17	6:00-6:30	\$25		Child	SFG	5	4	0	3	5		17
																	0
Co-ed Badminton	18yrs+	SilverSpring - Lg. Gym	Fri	Sep. 22/17	Dec. 1/17	9-10pm	\$25	Nov. 10	Adult	SilverSpring	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited		Unlimited
Co-Ed Volleyball	18yrs+	SilverSpring - Lg. Gym	Thurs	Sep. 21/17	Nov. 30/17	9-10pm	\$25	Nov. 9/17	Adult	SilverSpring	7	3	5	8	2		25
Kids Cake Decorating	8-14yrs	Silverspring School Large Gym Kitchen	Thurs	Sep. 21/17	Nov. 30/17	6:00-7:00	\$50	Nov. 9/17	Child	SilverSpring	2	2	2	6	2		14
Chinese and Korean Cooking	18yrs+	Centennial Collegiate - Home Ec Kitchens	Tues	Sept 19/17	Nov. 21/17	6:30-8:00	\$120		Adult	SilverSpring	2	2	2	6	2		14
Men's basketball	18yrs+	SilverSpring - Lg. Gym	Tues	Sept 19/17	Nov. 21/17	9-10pm	\$25		Adult	SilverSpring	8	5	4	8	4		29
Men's floor hockey	18yrs+	SilverSpring - Lg. Gym	Wed	Sep. 20/17	Nov. 22/17	9-10pm	\$25		Adult	SilverSpring	8	5	4	10	3		30
Parent and child yoga	6yrs+	Silverspring Community Room	Tues	Sept 19/17	Nov. 21/17	6:15 - 7:00	\$50 +\$15. additional child with parent		Family	SilverSpring	5	5	5	6	5		26
Yoga	15yrs+	Silverspring Community Room	Tues	Sept 19/17	Nov. 21/17	7:15 - 8:15	\$50		Family	SilverSpring	0	4	0	10	4		18
Sports ABCs	18 to 36 mos	SilverSpring - Sm. Gym	Wed	Sep. 20/17	Nov. 22/17	6-6:30	\$25		Child+parent	SilverSpring	5	0	0	7	3		15
Sports ABCs	3-5yrs	SilverSpring - Sm. Gym	Wed	Sep. 20/17	Nov. 22/17	6:30-7:00	\$25		Child	SilverSpring	5	0	0	7	3		15
Tabata	18yrs+	Silverspring Community Room	Wed	Sep. 20/17	Nov. 22/17	7:30-8:15	\$50		Adult	SilverSpring	4	3	4	8	2		21
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Wed	Sep. 20/17	Nov. 22/17	6:30-7:15	\$60		Family	SilverSpring	6	0	5	5	0		16
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Thurs	Sep. 21/17	Nov. 30/17	6:30-7:15	\$60	Nov. 9/17	Family	SilverSpring	0	6	0	5	5		16
Self Defense, Women's	15yrs+	Sutherland Memorial Hall	Mon	Sep. 18/17	Dec. 4/17	8:00-9:00	\$60	Oct 9,	Adult	SilverSpring	5	5	5	5	5		25
Tae Kwon Do Preschool	4-6yrs	Sutherland Memorial Hall	Wed	Sep. 20/17	Nov. 22/17	6-6:30	\$55		Child	SilverSpring	5	0	5	5	0		15
Tae Kwon Do Preschool	4-6yrs	Sutherland Memorial Hall	Thurs	Sep. 21/17	Nov. 30/17	6-6:30	\$55	Nov. 9/17	Child	SilverSpring	0	5	0	5	5		15
Yoga -Multilevel Yin Yang	18yrs+	Silverspring Community Room	Wed	Sep. 20/17	Nov. 22/17	8:20-9:20	\$50		Adult	SilverSpring	5	3	0	8	8		24
Yoga-Multilevel	18yrs+	Silverspring Community Room	Mon	Sep. 18/17	Dec. 4/17	7:30-8:30	\$50	Oct 9, Nov 13	Adult	SilverSpring	4	4	0	10	4		22
Zumba	18yrs+	SilverSpring - Sm. Gym	Thurs	Sep. 21/17	Nov. 30/17	8:15-9:15	\$50	Nov. 9/17	Adult	SilverSpring	5	5	0	11	5		26
Zumba 14+	14yrs+	SilverSpring - Sm. Gym	Thurs	Sep. 21/17	Nov. 30/17	7-8pm	\$50	Nov. 9/17	Family	SilverSpring	7	5	4	11	5		32

	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EA CC A	Sil vers prin g	WUHC A	City to find Instructor? (Y/N)	Total spaces in class
Bollywood Dance for kids	10-14 yrs	Holy Family School - MP Room	Mon	Sept 18/17	Nov. 20/17	6:00- 6:45pm	\$35	Oct 9/17 Nov 13/17	Child	WUHCA	2	2	2	2	4		unlimited
Co-Ed Badminton	18yrs+	Holy Family School - Lg. Gym	Tues	Sept 19/17	Nov. 21/17	8:00-9:00pm	\$25		Adult	WUHCA	2	0	2	2	6		12
Co-Ed Basketball	18yrs+	Willowgrove School - Lg. Gym	Tues	Sept 19/17	Nov. 21/17	8:30-10:00pm	\$25		Adult	WUHCA	0	4	4	4	8		20
Co-Ed Floor Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey	Co-Ed-Floor-Hockey		0
Co-Ed Volleyball	18yrs+	Holy Family School - Lg. Gym	Wed	Sept 20/17	Nov. 22/17	8:00-9:00pm	\$25		Adult	WUHCA	5	0	4	4	6		19
Couples Intro to Ballroom Dance	18yrs+	Willowgrove School - Lg. Gym	Thurs	Sept 21/17	Nov. 30/17	8:45-9:45pm	\$50/couple		Adult	WUHCA	unlimited	unlimited	unlimited	unlimited	unlimited		unlimited
Photography FUNdamentals	16yrs+	Holy Family School - MP Room	Mon	Sept 18/17	Nov. 20/17	8:00 - 9:30pm	\$50	Oct 9/17 Nov 13/17	Youth & Adult	WUHCA	5	5	5	5	10		30
Photography FUNdamentals-Forum	16yrs+	Holy Family School—multipurpose-room	Thurs	Sept 21/17	Nov. 23/17	8:00—9:00pm	\$50		Youth & Adult	WUHCA	5	5	5	5	10		30
PIYo	18+	Willowgrove School- MP Room	Mon	Sept 18/17	Nov. 20/17	8:00-9:00pm	\$50	Oct 9/17 Nov 13/17	Adult	WUHCA	3	3	0	3	3		15
Pickleball	18yrs+	Holy Family school - large gym	Mon	Sept 18/17	Nov. 20/17	8:00-9:00pm	\$25	Oct 9/17 Nov 13/17	Adult	WUHCA	2	2	2	2	4		12
Sports ABCs	3-5yrs	Willowgrove school - MP Room	Mon	Sept 18/17	Nov. 20/17	6-6:30pm	\$25	Oct 9/17 Nov 13/17	Child	WUHCA	4	2	0	0	6		12
Sports ABCs	6-9 yrs	Willowgrove School—Large Gym	Mon	Sept 18/17	Nov. 20/17	6:30-7:00pm	\$25	Oct 9/17 Nov 13/17	Child	WUHCA	4	2	0	0	6		12
Zumba	18yrs+	Willowgrove school - MP Room	Wed	Sept 20/17	Nov. 22/17	7:00-8:30pm	\$50		Adult	WUHCA	5	5	0	5	5		20
Beginner Dance	3-5yrs	Holy Family School - MP Room	Tues	Sept 19/17	Nov. 21/17	6:00-6:30pm	\$25		Child	WUHCA	3	3	3	3	5		17
Beginner Dance	5-7yrs	Holy Family School - MP Room	Tues	Sept 19/17	Nov. 21/17	6:30-7:00pm	\$25		Child	WUHCA	3	3	3	3	5		17
HipHop	9-12yrs	Holy Family School - MP Room	Tues	Sept 19/17	Nov. 21/17	7:00-7:45pm	\$35		Child	WUHCA	4	4	4	4	4		20
Childrens Yoga	6-10yrs	Willowgrove School - MP Room	Mon	Sept 18/17	Nov. 20/17	7:00-8:00pm	\$25	Oct 9/17 Nov 13/17	Child	WUHCA	0	4	4	4	8		20
Youth Badminton	14-17yrs	Holy Family School - Large Gym	Mon	Sept 18/17	Nov. 20/17	8:00-9:00pm	\$25	Oct 9/17 Nov 13/17	Youth	WUHCA	2	2	2	2	5		13
Filipino Martial Arts	5-8yrs	Willowgrove School - MP Room	Thurs	Sept 21/17	Nov. 30/17	6:00-6:30pm	\$25		Child	WUHCA	2	2	2	2	4		12
Filipino Martial Arts	9-12 yrs	Willowgrove School - MP Room	Thurs	Sept 21/17	Nov. 30/17	6:30-7:15pm	\$35		Child	WUHCA	3	3	3	3	3		15
Filipino Martial Arts	13yrs+	Willowgrove School - MP Room	Thurs	Sept 21/17	Nov. 30/17	7:15-8:30pm	\$50		Youth/Adult	WUHCA	3	4	4	4	5		20
Seniors Cardio and Weights	50+	Willowgrove school - MP Room	Tuesday	Sept 19/17	Nov. 21/17	7:00-8:00pm	\$50		Adult	WUHCA	4	4	4	4	4		20
Beginner Bhangra	6-10	Holy Family School - MP Room	Mon	Sept 18/17	Nov. 20/17	7:00-8:00pm	\$25	Oct 9/17 Nov 13/17	Child	WUHCA	2	2	2	2	4		