

	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EACCA	Silverspring	WUHCA	City to find Instructor? (Y/N)
Beginner Yoga	14yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 22/18	Apr. 9/18	7:15-8:15	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult & Youth	EACCA	2	5	8	0	3	
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Jan. 25/18	Apr. 12/18	6:30-7:30	\$50	Jan 4, Feb 22, Apr 5	Adult	EACCA	0	6	8	3	3	
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Jan. 23/18	Apr. 10/18	6:30-7:30	\$50	Jan 2, Feb 20, Apr 3	Adult	EACCA	3	4	9	0	2	
Boot Camp	18yrs+	Forest Grove School - Lg. Gym	Tues	Jan. 23/18	Apr. 10/18	8:00-9:00	\$50	Jan 2, Feb 20, Apr 3	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited	
Cardio Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 24/18	Apr. 11/18	8:30-9:30	\$50	Jan 3, Feb 21, Apr 4	Adult	EACCA	3	4	8	4	5	
Core Body	18yrs+	Bishop Filevich School - Gym	Mon	Jan. 22/18	Apr. 30/18	6:00-7:00	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	2	4	8	4	4	
Engineering for Kids - Apprentice level	7-11yrs	Forest grove LRC-1111	Thurs	* 6 classes only	* 6 classes only	6:30-8:00	\$175 (materials included)		Child	EACCA	3	0	8	5	6	
Engineering for Kids - Junior	4-6yrs	Forest Grove LRC-1111	Tues	* 6 classes only	* 6 classes only	6:30-7:30	\$150 (materials included)		Child	EACCA	2	0	4	5	5	
Flow Yoga	18yrs+	Bishop Filevich School - Gym	Mon	Jan. 22/18	Apr. 9/18	7:15-8:15	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	0	5	12	0	3	
Flow Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 24/18	Apr. 11/18	7:15-8:15	\$50	Jan 3, Feb 21, Apr 4	Adult	EACCA	3	4	12	4	3	
Hula Hooping All Skill Levels 18-39	18yrs+	Forest Grove School - Small Gym	Mon	Jan. 22/18	Apr. 9/18	7:45-8:45	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	2	4	6	3	3	
Hula Hooping Beginner 40 +	40yrs+	Forest Grove School - Small Gym	Mon	Jan. 22/18	Apr. 9/18	6:30-7:30	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	2	4	5	5	4	
Kettlebell	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Jan. 25/18	Apr. 12/17	7:45-8:45	\$50	Jan 4, Feb 22, Apr 5	Adult	EACCA	2	4	8	3	5	
Kickboxing	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 22/18	Apr. 9/18	8:30-9:30	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	2	3	10	3	3	
Knitting-	14yrs—adult	Father Robinson—Band-Music-Room	Thurs	Jan-25/18	Apr-12/18	6:30-8:30	\$50+ materials	Jan 4, Feb 22, Apr 5	Adult & Youth	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited	
Body Sculpt	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 24/18	Apr. 11/18	6:00-7:00	\$50	Jan 3, Feb 21, Apr 4	Adult	EACCA	3	3	11	4	4	
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 22/18	Apr. 9/18	6:00-7:00	\$50	Jan 29, Feb 19, Mar 12, Apr 2	Adult	EACCA	3	5	8	4	5	
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Jan. 23/18	Apr. 10/18	7:45-8:45	\$50	Jan 2, Feb 20, Apr 3	Adult	EACCA	3	5	8	4	5	
STOTT Beginner Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Jan. 25/18	Apr. 12/18	6:45-7:45	\$50	Jan 4, Feb 22, Apr 5	Adult	EACCA	4	6	8	4	4	
STOTT Intermediate Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Jan. 25/18	Apr. 12/18	8:00-9:00	\$50	Jan 4, Feb 22, Apr 5	Adult	EACCA	4	6	8	4	4	
Zumba/Zumba Step	14yrs+	Forest Grove School - Lg. Gym	Thurs	Jan. 25/18	Apr. 12/18	8:00-9:00	\$50	Jan 4, Feb 22, Apr 5	Adult & Youth	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited	
Art Through the Ages	8-12 years	Forest Grove LRC-1111	Mon	Jan-22/18	Apr-9/18	6:30-7:30	\$50 (includes material)		Child	EACCA	3	3	4	3	3	
Mom & Baby Active (9 weeks)	Baby and parent	Sylvia Fedoruk Public School-Community Resource Center	Tues	Jan-23/18	Mar-20/18	10-11am	\$50	Feb 20,	Family	Evergreen	4	4	4	4	4	
55+ Fitness Class (9weeks)	55+	Sylvia Fedoruk Public School-Community Resource Center	Thurs	Jan. 18/17	Mar. 15/17	10-11am	\$50	Feb. 22	Adult/Senior	Evergreen	4	0	2	2	4	
Creative Dance 3-5yrs (6 classes)	3-5yrs	Sylvia Fedoruk Public School- Multi Purpose Room1	Mon	Jan. 22/18	Mar. 26/18	6-6:30	\$35	Jan 29, Feb 5, Feb 19, March 12	Child	Evergreen	4	4	4	4	4	
Creative Dance 5-7yrs (6 Classes)	5-7yrs	Sylvia Fedoruk Public School- Multi Purpose Room1	Mon	Jan. 22/18	Mar. 26/18	6:30-7	\$35	Jan 29, Feb 5, Feb 19, March 12	Child	Evergreen	4	4	4	4	4	
Kindersize Parent and Tot (parent must attend) (8classes)	2-3 and parent	Sylvia Fedoruk Public School- Multi Purpose Room1	Tues	Jan. 23/18	Mar. 27/18	6-6:30	\$25	Feb 6, Feb 20,	Family	Evergreen	5	3	0	2	2	
Kindersize (8weeks)	3-5 yrs	Sylvia Fedoruk Public School- Multi Purpose Room1	Tues	Jan. 23/18	Mar. 27/18	6:30-7	\$25	Feb 6, Feb 20,	Child	Evergreen	5	3	0	2	2	
Blast Ball 3-4yrs (8 classes)	3-4yrs	Sylvia Fedoruk Public School- Multi Purpose Room1	Fri	Jan. 19/18	Mar. 16/18	6-6:30	\$25	Feb. 23	Child	Evergreen	4	0	4	4	4	
Blast Ball 4-5yrs (8 Classes)	4-5yrs	Sylvia Fedoruk Public School- Multi Purpose Room1	Fri	Jan. 19/18	Mar. 16/18	6:30-7	\$25	Feb. 23	Child	Evergreen	4	0	4	4	4	
Insanity Live	18+	Sylvia Fedoruk Public School- Multi Purpose Room1	Thurs	Jan. 18/18	March 22/18	7:00-8:00	\$50	Jan 25, Feb 8, Feb 22	Adult	Evergreen	5	5	5	5	5	
Co-ed Basketball (9 weeks)	18+	Sylvia Fedoruk Public School - Gym	Mon	Jan. 15/17	Mar. 26/18	8:30-10	\$25	Jan 29, Feb 19, March 12	Adult	Evergreen	8	4	2	3	0	N
Youth Yoga (7-8 weeks)	4-10yrs	Sylvia Fedoruk Public School-Community Resource Center	Thurs	Jan. 18	Mar. 22/18	6:30-7	\$25	Jan 25, Feb 22	Child	Evergreen	4	3	3	3	0	
Yoga- Vinyasa Flow(7-8 weeks)	18+	Sylvia Fedoruk Public School-Community Resource Center	Thurs	Jan. 18	Mar. 22/18	7-8	\$50	Jan 25, Feb 22	Adult	Evergreen	10	4	0	4	4	

	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EACCA	Silverspring	WUHCA	City to find Instructor? (Y/N)
Aerobics	16yrs+	St Volodymyr School - Gym	Mon +/or Wed	Jan. 22/18	Apr. 11/18	7:15-8:15	1 day/wk \$25 2 days/wk \$40	Jan 29, Feb 19, Mar 12, Apr 02	Adult	SFG	10 each night	lots	10 each night	10 each night	10 each night	
Co-ed Volleyball	18yrs+	St Volodymyr School - Gym	Mon	Jan. 22/18	Apr. 16/18	8:30-10:00	\$25	Jan 29, Feb 19, Mar 12, Apr 02	Adult	SFG	4	8	4	0	4	
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Feb. 3/18	Feb. 4/18	1-5pm	\$35		Child	SFG	8	8	8	8	8	
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Apr. 14/18	Apr. 15/18	1-5pm	\$35		Child	SFG	8	8	8	8	8	
Blast Ball	3-4yrs	Bishop Filevich School - Gym	Wed	Jan. 24/18	Apr. 18/18	6-6:30	\$25	Feb 21, Mar 28, Apr 04	Child	SFG	0	8	0	0	5	
Blast Ball	4-5yrs	Bishop Filevich School - Gym	Wed	Jan. 24/18	Apr. 18/18	6:30-7	\$25	Feb 21, Mar 28, Apr 04	Child	SFG	0	8	0	0	5	
Blast Ball	3-4 yrs	Bishop Filevich School - Gym	Thurs	Jan. 25/18	Apr. 19/18	6-6:30	\$25	Feb 22, Mar 29, Apr 05	Child	SFG	0	4	5	5	0	
Blast Ball	4-5 yrs	Bishop Filevich School - Gym	Thurs	Jan. 25/18	Apr. 19/18	6:30-7	\$25	Feb 22, Mar 29, Apr 05	Child	SFG	0	4	5	5	0	
Floor Hockey	6-8yrs	St Volodymyr School - Gym	Thurs	Jan. 25/18	Apr. 19/18	6:30-7:30	\$25	Feb 22, Mar 29, Apr 05	Child	SFG	2	6	3	3	4	
Floor Hockey	9-12yrs	St Volodymyr School - Gym	Thurs	Jan. 25/18	Apr. 19/18	7:30-8:30	\$25	Feb 22, Mar 29, Apr 05	Child	SFG	2	6	3	4	3	
Kindersize II	3-5yrs	St Volodymyr School - Gym	Mon	Jan. 22/18	Apr. 16/18	6:30-7:00	\$25	Jan 29, Feb 19, Mar 12, Apr 02	Child	SFG	3	4	0	5	9	
Kindersize parent & tot	2-3yrs + adult	St Volodymyr School - Gym	Mon	Jan. 22/18	Apr. 16/18	6:00-6:30	\$25	Jan 29, Feb 19, Mar 12, Apr 02	Child	SFG	3	4	0	3	9	
Learn to Skate	10yrs+	Forest Grove School Rink	Sat	Jan. 20/18	Mar. 17/18	3:45-4:15	\$25		Child	SFG	3	3	3	3	3	
Learn to Skate	6-9yrs	Forest Grove School Rink	Sat	Jan. 20/18	Mar. 17/18	2:40-3:10	\$25		Child	SFG	0	3	3	0	3	
Learn to Skate	6-9yrs	Forest Grove School Rink	Sat	Jan. 20/18	Mar. 17/18	3:15-3:45	\$25		Child	SFG	3	3	0	3	0	
Learn to Skate-Parent and Tot	3-5yrs	Forest Grove School Rink	Sat	Jan. 20/18	Mar. 17/18	1:30-2:00	\$25		Child	SFG	0	4	4	0	4	
Learn to Skate-Parent and Tot	3-5yrs	Forest Grove School Rink	Sat	Jan. 20/18	Mar. 17/18	2:05-2:35	\$25		Child	SFG	4	4	0	4	0	
Co-ed Badminton	18yrs+	SilverSpring - Lg. Gym	Fri	Jan. 26/18	Apr. 13/18	8:30-10pm	\$25	Feb 23, Apr 6	Adult	SilverSpring	5	5	5	5	0	
Co-Ed Volleyball	18yrs+	SilverSpring - Lg. Gym	Thurs			8:30-10pm	\$25		Adult	SilverSpring	5	5	5	8	5	
Learn to Skate	6-9yrs	Silverspring Rink	Sun	Jan. 21/18	Mar. 18/18	2:00-2:30pm	\$25	Feb. 18	Child	SilverSpring	3	0	3	4	3	
Learn to Skate-Parent and Tot	3-5yrs	Silverspring Rink	Sun	Jan. 21/18	Mar. 18/18	1:30-2:00pm	\$25	Feb. 18	Child	SilverSpring	3	0	3	4	3	
Men's basketball	18yrs+	SilverSpring - Lg. Gym	Tues	Jan. 23/18	Apr. 10/18	9-10pm	\$25	Feb 20, Apr 3	Adult	SilverSpring	5	5	4	8	4	
Men's floor hockey	18yrs+	SilverSpring - Lg. Gym	Wed	Jan. 24/18	Apr. 11/18	9-10pm	\$25	Feb 21, Apr 4	Adult	SilverSpring	5	5	4	10	3	
Parent and child yoga	6yrs+	Silverspring Community Room	Tues			6:15-7	\$50-\$45- additional- child-with- parent		Family	SilverSpring	2	2	2	6	2	
Sports-ABCs	18-to-36-months	SilverSpring - Sm. Gym	Wed			6-6:30	\$25		Child	SilverSpring	5	2	2	5	3	
Sports-ABCs	3-5yrs	SilverSpring - Sm. Gym	Wed			6:30-7:00	\$25		Child	SilverSpring	5	2	0	7	3	
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Wed	Jan. 24/18	Apr. 12/18	6:30-7:15	\$60	Feb 21, Apr 4	Family	SilverSpring	6	0	5	5	0	
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Thurs	Jan. 25/18	Apr. 13/18	6:30-7:15	\$60	Feb 22, Apr 5	Family	SilverSpring	0	6	0	5	5	
Self Defense-Womens	15-yrs plus	Sutherland Memorial Hall	Mon			8:00 to 9:00- PM	\$60		Adult	SilverSpring	4	4	4	4	4	
Tae Kwon Do Preschool	3.5-6yrs	Sutherland Memorial Hall	Wed	Jan. 24/18	Apr. 12/18	6-6:30	\$60	Feb 21, Apr 4	Child	SilverSpring	5	0	5	5	0	
Tae Kwon Do Preschool	3.5-6yrs	Sutherland Memorial Hall	Thurs	Jan. 25/18	Apr. 13/18	6-6:30	\$60	Feb 22, Apr 5	Child	SilverSpring	0	5	0	5	5	
Yoga -Flow	18yrs+	Silverspring Community Room	Mon	Jan. 22/18	Apr. 9/18	7:30 to 8:30	\$50	Feb 19 Apr 2	Adult	SilverSpring	5	0	0	8	8	
Yoga -Flow	18yrs+	Silverspring Community Room	Tues	Jan. 23/18	Apr. 10/18	7:30-8:30	\$50	Feb 20, Mar 6, Apr 3	Adult	SilverSpring	4	4	0	10	4	
Zumba	14+	SilverSpring - Sm. Gym	Thurs	Jan. 25/18	Apr. 12/18	7:00 to 8:00	\$50	Feb 22, Apr 5	Adult	SilverSpring	5	5	3	11		
Zumba	18yrs+	SilverSpring - Sm. Gym	Thurs	Jan. 25/18	Apr. 12/18	8:15-9:15	\$50	Feb 22, Apr 5	Adult	SilverSpring	5	5	0	11	5	
Filipino Martial Arts	5-8yrs	Willowgrove School - MP Room	Thurs			6:00-6:30pm	\$25		Child	WUHCA	2	2	2	2	4	
Filipino Martial Arts	9-12 yrs	Willowgrove School - MP Room	Thurs			6:30-7:15pm	\$35		Child	WUHCA	3	3	3	3	3	
Filipino Martial Arts	12yrs+	Willowgrove School - MP Room	Thurs			7:15-8:15pm	\$50		Youth/Adult	WUHCA	3	4	4	4	5	
Co-Ed Badminton	18yrs+	Holy Family School - Lg. Gym	Tues	Jan. 23/18	Apr. 10/18	8:30-10:00pm	\$25	Feb 20, April 3	Adult	WUHCA	4	0	2	0	6	
Co-Ed Basketball	18yrs+	Willowgrove School - Lg. Gym	Tues	Jan. 23/18	Apr. 10/18	8:30-10:00 PM	\$25	Feb 20, April 3	Adult	WUHCA	4	4	4	4	4	
Co-Ed Volleyball	18yrs+	Holy Family School - Lg. Gym	Wed	Jan. 24/18	Apr. 11/18	8:30-10:00pm	\$25	Feb 21, April 4	Adult	WUHCA	5	0	4	4	6	
Couples Intro to Ballroom Dance	18yrs+	Willowgrove School - Lg. Gym	Thurs	Jan. 25/18	Apr. 12/18	8:45-9:45 PM	\$50/couple	Feb 22, Mar 22, April 5	Adult	WUHCA	4 couples	4 couples	4 couples	4 couples	4 couples	
Photography FUNDamentals	16yrs+	Holy Family School - MP Room	Mon	Jan. 22/18	Apr. 9/18	8:00 - 9:15pm	\$50	Feb 19, April 2	Youth & Adult	WUHCA	5	5	5	5	10	

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Pickleball	18yrs+	Holy Family school - Lg Gym	Mon	Jan. 22/18	Apr. 9/18	8:30-10:00 pm	\$25	Feb 19, April 2	Adult	WUHCA		2	0	2	2	6		
Sports-ABCs	3-5yrs	Willowgrove School—Large-Gym	Mon			6-6:30pm	\$25		Child	WUHCA		4	2	0	0	6		
Sports-ABCs	6-9 yrs	Willowgrove School—Large-Gym	Mon			6:30-7:00pm	\$25		Child	WUHCA		4	2	0	0	6		
Beginner Dance	3-5yrs	Holy Family School - MP Room	Tues	Jan. 23/18	Apr. 10/18	6:00-6:30pm	\$25	Feb 20, April 3	Child	WUHCA		3	3	3	3	5		17
Beginner Dance	5-7yrs	Holy Family School - MP Room	Tues	Jan. 23/18	Apr. 10/18	6:30-7:00pm	\$25	Feb 20, April 3	Child	WUHCA		3	3	3	3	5		17
Zumba	18yrs+	Willowgrove School - MP/Flex Room	Wed	Jan. 24/18	Apr. 11/18	7:00-8:00 pm	\$50	Feb 21, April 4	Adult	WUHCA		10	5	0	5	5		
Youth Badminton	14-17yrs	Holy Family School - Lg Gym	Mon	Jan. 22/18	Apr. 9/18	7:00 - 8:30pm	\$25	Feb 19, April 2	Youth	WUHCA		2	2	2	2	4		
Senior Cardio-Weights	55yrs+	Willowgrove School—MP/Flex-Room	Tues	Jan. 23/18	Apr. 10/18	7:00-8:00	\$50		Adult	WUHCA		4	4	4	4	4		
PIYO	18yrs+	Willowgrove School - MP/Flex Room	Mon	Jan. 22/18	Apr. 9/18	7:00-8:00	\$50	Jan 29, Feb 19, Mar 12, April 2	Adult	WUHCA		4	4	0	0	10		
Beginner Bhangra	4-10yrs	Holy Family School - MP Room	Mon	Jan. 22/18	Apr. 9/18	6:00-7:00pm	\$25	Feb 19, April 2	Child	WUHCA		2	2	2	2	4		
Childrens-Yoga	6-10yrs	Willowgrove School—MP Room	Mon			7:00-8:00pm	\$25		Child	WUHCA		0	4	4	4	8		
HipHop	9-12yrs	Holy Family School—MP Room	Tues			7:00-7:45pm	\$35		Child	WUHCA		4	4	4	4	4		