

Program	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EACCA	Silverspring	WUHC A	City to find Instructor? (Y/N)		
Beginner Yoga	14yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 16/17	Mar. 27/17	7:15-8:15	\$50	Feb. 20	Adult	EACCA		2	5	8	4	3		
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Jan. 19/17	Mar. 30/17	6:30-7:30	\$50	Feb. 23/17	Adult	EACCA		2	4	8	3	3		
Beginner Yoga	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Jan. 17/17	Mar. 28/17	6:30-7:30	\$50	Feb. 21	Adult	EACCA		3	4	9	2	2		
Bollywood Dance	18yrs+	Forest Grove School - Sm. Gym	Wed	Jan. 18/17	Mar. 29/17	7:15-8:15	\$50	Feb. 22	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
Bootcamp	18yrs+	Forest Grove School - Lg. Gym	Tues	Jan. 17/17	Mar. 28/17	8:00-9:00	\$50	Feb. 21	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
Cardio Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 18/17	Mar. 29/17	8:30-9:30	\$50	Feb. 22	Adult	EACCA	3	4	8	4	5			
Core Body	18yrs+	Bishop Filevich School - Gym	Mon	Jan. 16/17	Mar. 27/17	6:00-7:00	\$50	Feb. 20	Adult	EACCA	2	4	8	4	4			
Core Body	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 18/17	Mar. 29/17	6:00-7:00	\$50	Feb. 22	Adult	EACCA	3	3	11	4	4			
Engineering for Kids - Apprentice level	7-11yrs	Dr J.G. Egnatoff School - Library	Thurs	Jan. 19/17	Mar. 30/17	6:30-8:00	\$175 (materials included)	Feb. 23/17	Child	EACCA	3	0	8	5	6			
Engineering for Kids - Junior	4-6yrs	Dr J.G. Egnatoff School - Library	Tues	Jan. 17/17	Mar. 28/17	6:30-7:30	\$150 (materials included)	Feb. 21	Child	EACCA	2	0	4	5	5			
Fitness Fun For 50+	50yrs+	Forest Grove School - Sm. Gym	Wed	Jan. 18/17	Mar. 29/17	6:00-7:00	\$50	Feb. 22	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
Flow Yoga	18yrs+	Bishop Filevich School - Gym	Mon	Jan. 16/17	Mar. 27/17	7:15-8:15	\$50	Feb. 20	Adult	EACCA	0	5	12	5	3			
Flow Yoga	18yrs+	Centennial Collegiate - Dance Studio	Wed	Jan. 18/17	Mar. 29/17	7:15-8:15	\$50	Feb. 22	Adult	EACCA	3	4	12	4	3			
Hula Hooping Intermediate	18yrs+	Forest Grove School - Small Gym	Mon	Jan. 16/17	Mar. 27/17	7:45-8:45	\$50	Feb. 20	Adult	EACCA	2	4	6	3	3			
Hula Hooping Beginner	18yrs+	Forest Grove School - Small Gym	Mon	Jan. 16/17	Mar. 27/17	6:30-7:30	\$50	Feb. 20	Adult	EACCA	2	4	5	5	4			
Kettlebell	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Thurs	Jan. 19/17	Mar. 30/17	7:45-8:45	\$50	Feb. 23/17	Adult	EACCA	2	4	8	3	5			
Kickboxing	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 16/17	Mar. 27/17	6:00-7:00	\$50	Feb. 20	Adult	EACCA	2	3	10	3	3			
Knitting	8-14yrs	Father Robinson - Arts & Science Room	Thurs	Jan. 19/17	Mar. 30/17	6:30-7:30	\$45 + materials	Feb. 23/17	Family	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
Knitting	14yrs - adult	Father Robinson - Arts & Science Room	Thurs	Jan. 19/17	Mar. 30/17	7:30-8:30	\$45 + materials	Feb. 23/17	Family	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Mon	Jan. 16/17	Mar. 27/17	8:30-9:30	\$50	Feb. 20	Adult	EACCA	3	5	8	4	5		New Class	
PIYo	18yrs+	Dr J.G. Egnatoff School - Sm. Gym	Tues	Jan. 17/17	Mar. 28/17	7:45-8:45	\$50	Feb. 21	Adult	EACCA	3	5	8	4	5			
STOTT Beginner Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Jan. 19/17	Mar. 30/17	6:45-7:45	\$50	Feb. 23/17	Adult	EACCA	4	6	8	4	4			
STOTT Intermediate Pilates	18yrs+	Centennial Collegiate - Dance Studio	Thurs	Jan. 19/17	Mar. 30/17	8:00-9:00	\$50	Feb. 23/17	Adult	EACCA	4	6	8	4	4			
Zumba/Zumba Step	18yrs+	Forest Grove School - Lg. Gym	Thurs	Jan. 19/17	Mar. 30/17	8:00-9:00	\$50	Feb. 23/17	Adult	EACCA	unlimited	unlimited	unlimited	unlimited	unlimited			
Creative Dance 3-5yrs	3-5yrs	Lakewood- Small Gym	Mon	Jan. 16/17	Mar. 27/17	6-6:30	\$35.00	Feb. 20	Child	Evergreen	4	4	4	4	4	N		
Creative Dance 5-7yrs	5-7yrs	Lakewood- Small Gym	Mon	Jan. 16/17	Mar. 27/17	6:30-7	\$35.00	Feb. 20	Child	Evergreen	4	4	4	4	4	N		
Kindersize	3-5 yrs	Forest Grove - Small Gym	Tues	Jan. 17/17	Mar. 28/17	6:30-7	\$25	Feb. 21	Child	Evergreen	5	3	0	2	2	N		
Kindersize Parent and Tot (parent must attend)	2-3 and parent	Forest Grove- Small Gym	Tues	Jan. 17/17	Mar. 28/17	6-6:30	\$25	Feb. 21	family	Evergreen	5	3	0	2	2	N		
Mem & Baby Active	Baby and parent	TBA	TBA			TBA	TBA			Evergreen	4	4	4	4	4			
Yoga- Intermediate/Advanced	18+	TBA	TBA			TBA	\$50			Evergreen	4	4	0	4	4			
Photography	18yrs+	St-Volodymyr School Front Room	Wed			7:00-8:00	\$60			Evergreen	4	3	3	3	0			
Aerobics	16yrs+	St Volodymyr School - Gym	Mon +/or Wed	Jan. 16/16	Apr. 12/16	7:15-8:15	1 day/wk \$25 2 days/wk \$40		Adult	SFG	10 each night	lots	10 each night	10 each night	10 each night			
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Jan. 21/16	Jan. 22/16	1-5pm	\$35		Child	SFG	6	6	6	6	6			
Babysitting	10yrs+	Sutherland Evangelical Church	Sat/Sun	Apr. 1/16	Apr. 2/16	1-5pm	\$35		Child	SFG	6	6	6	6	6			
Blast Ball	3-4yrs	Bishop Filevich School - Gym	Thurs	Jan. 26/16	Mar. 30/16	6-6:30	\$25	Feb. 16	Child	SFG	5	0	0	5	0			
Blast Ball	4-5yrs	Bishop Filevich School - Gym	Thurs	Jan. 26/16	Mar. 30/16	6:30-7	\$25	Feb. 16	Child	SFG	5	0	0	5	0			
Blast Ball	3-4yrs	Bishop Filevich School - Gym	Wed	Jan. 25/16	Mar. 29/16	6-6:30	\$25	Feb. 15	Child	SFG	0	5	0	0	5			
Blast Ball	4-5yrs	Bishop Filevich School - Gym	Wed	Jan. 25/16	Mar. 29/16	6:30-7	\$25	Feb. 15	Child	SFG	0	5	0	0	5			
Floor Hockey	6-8yrs	St Volodymyr School - Gym	Thurs	Jan. 26/16	Mar. 30/16	6:30-7:30	\$25	Feb. 16	Child	SFG	2	4	3	3	4			
Floor Hockey	9-12yrs	St Volodymyr School - Gym	Thurs	Jan. 26/16	Mar. 30/16	7:30-8:30	\$25	Feb. 16	Child	SFG	2	5	3	4	3			
Floor Hockey	13-15yrs	St Volodymyr School - Gym	Thurs	Jan. 26/16	Mar. 30/16	8:30-9:30	\$25	Feb. 16	Child	SFG	unlimited	unlimited	unlimited	unlimited	unlimited	SFG	Child	
Kindersize II	3-5yrs	St Volodymyr School - Gym	Mon	Jan. 16/16	Mar. 27/16	6:30-7:00	\$25	Feb20, Mar 13	Child	SFG	3	4	0	5	9			
Kindersize parent & tot	2-3yrs + adult	St Volodymyr School - Gym	Mon	Jan. 16/16	Mar. 27/16	6:00-6:30	\$25	Feb20, Mar 13	Child	SFG	3	4	0	3	9			
Learn to Skate	10yrs+	Forest Grove School Rink	Sat	Jan. 14/16	Mar. 25/16	3:45-4:15	\$25	Feb 18 or 25	Child	SFG	3	3	3	3	3			
Learn to Skate	6-9yrs	Forest Grove School Rink	Sat	Jan. 14/16	Mar. 25/16	2:40-3:10	\$25	Feb 18 or 25	Child	SFG	0	3	3	0	3			
Learn to Skate	6-9yrs	Forest Grove School Rink	Sat	Jan. 14/16	Mar. 25/16	3:15-3:45	\$25	Feb 18 or 25	Child	SFG	3	3	3	3	0			
Learn to Skate-Parent and Tot	3-5yrs	Forest Grove School Rink	Sat	Jan. 14/16	Mar. 25/16	1:30-2:00	\$25	Feb 18 or 25	Child	SFG	0	4	4	0	4			
Learn to Skate-Parent and Tot	3-5yrs	Forest Grove School Rink	Sat	Jan. 14/16	Mar. 25/16	2:05-2:35	\$25	Feb 18 or 25	Child	SFG	4	4	0	4	0			

Program	Age	Location	Day	Start Date	End Date	Time	Cost	Cancellations	Class Type	Host Association	ECA	SFG	EACCA	Silverspring	WUHC A	City to find Instructor? (Y/N)
Co-ed Badminton	18yrs+	SilverSpring - Lg. Gym	Fri	Jan. 20/17	Mar. 24/17	9-10pm	\$25	Feb. 24	Adult	SilverSpring		4	4	5	5	0
Co-Ed Volleyball	18yrs+	SilverSpring - Lg. Gym	Thurs	Jan. 19/17	Mar. 23/17	9-10pm	\$25	Feb. 23	Adult	SilverSpring		4	3	5	8	2
Ballet	3-5yrs	Silverspring Community Room	Thurs	Jan. 19/17	Mar. 23/17	6:00-6:30	\$35	Feb. 23	Child	SilverSpring		4	3	3	3	3
Ballet	5-7yrs	Silverspring Community Room	Thurs	Jan. 19/17	Mar. 23/17	6:35-7:05	\$35	Feb. 23	Child	SilverSpring		4	4	2	4	4
Kids Cake Decorating	8-14yrs	Centennial Collegiate - Home Ec Kitchens	Thurs	Jan. 19/17	Mar. 23/17	6:00-7:00	\$50	Feb. 23	Child	SilverSpring		2	2	1	6	1
Floor Hockey&Lacrosse	6-9yrs	SilverSpring - Sm. Gym	Mon	Jan. 16/17	Mar. 20/17	6-6:50pm	\$25	Feb. 20	Child	SilverSpring		4	0	3	6	2
Learn to Skate	6-9yrs	Silverspring Rink	Sun	Jan. 15/17	Mar. 19/17	2:00-2:30pm	\$25	Feb. 19	Child	SilverSpring		2	0	2	4	1
Learn to Skate-Parent and Tot	3-5yrs	Silverspring Rink	Sun	Jan. 15/17	Mar. 19/17	1:30-2:00pm	\$25	Feb. 19	Child	SilverSpring		2	0	2	4	1
Men's basketball	18yrs+	SilverSpring - Lg. Gym	Tues	Jan. 17/17	Mar. 21/17	9-10pm	\$25	Feb. 21	Adult	SilverSpring		5	5	4	8	4
Men's floor hockey	18yrs+	SilverSpring - Lg. Gym	Wed	Jan. 18/17	Mar. 22/17	9-10pm	\$25	Feb. 22	Adult	SilverSpring		5	5	4	10	3
Parent and child yoga	6yrs+	Silverspring Community Room	Wed	Jan. 18/17	Mar. 22/17	6:00-6:45	\$50 +\$15. additional child with parent	Feb. 22	Family	SilverSpring		2	2	2	6	2
Pilates—Beginner	18yrs+	Silverspring Community Room	Tues			7:30-8:30	\$60.00		Adult	SilverSpring		2	0	0	8	2
Pilates-Multi-level	18yrs+	Silverspring Community Room	Tues			7:30-8:30	\$60		Adult	SilverSpring		4	4	0	8	4
Sports-ABCs	3-5yrs	Silverspring—Sm. Gym	Wed			6-6:30	\$25		Child	SilverSpring		5	0	0	5	3
Sports ABCs	3-5yrs	SilverSpring - Sm. Gym	Wed	Jan. 18/17	Mar. 22/17	6:30-7:00	\$25	Feb. 22	Child	SilverSpring		5	0	0	5	3
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Wed	Jan. 18/17	Mar. 22/17	6:30-7:15	\$60	Feb. 22	Family	SilverSpring		6	0	5	5	0
Tae Kwon Do Beginner	6yrs-adult	Sutherland Memorial Hall	Thurs	Jan. 19/17	Mar. 23/17	6:30-7:15	\$60	Feb. 23	Family	SilverSpring		0	6	0	5	5
Tae-Kwon-Do-Preschool	4-6yrs	Sutherland Memorial Hall	Mon			6-6:30	\$60		Child	SilverSpring		3	2	0	4	2
Tae Kwon Do Preschool	4-6yrs	Sutherland Memorial Hall	Wed	Jan. 18/17	Mar. 22/17	6-6:30	\$60	Feb. 22	Child	SilverSpring		0	0	3	5	3
Tae Kwon Do Preschool	4-6yrs	Sutherland Memorial Hall	Thurs	Jan. 19/17	Mar. 23/17	6-6:30	\$60	Feb. 23	Child	SilverSpring		0	0	3	5	3
Yoga-Parent and Child 5 week	6yrs+	Silverspring Community Room	Mon	Jan. 16/17	Feb. 13/17	6:30-7:15	\$40	Feb. 20	Family	SilverSpring		2	0	2	8	2
Yoga-Parent and Child 5 week	6yrs+	Silverspring Community Room	Mon	Feb. 27/17	Mar. 20/17	6:30-7:15	\$40	Feb. 20	Family	SilverSpring		2	0	2	8	2
Yoga -Multilevel Yin Yang	18yrs+	Silverspring Community Room	Mon	Jan. 16/17	Mar. 20/17	8:20-9:20	\$50	Feb. 20	Adult	SilverSpring		5	3	2	8	8
Tabata	18yrs+	Silverspring Community Room	Mon	Jan. 16/17	Mar. 20/17	7:30-8:15	\$50	Feb. 22	Adult	SilverSpring		4	3	0	8	2
Yoga-Multilevel Yin Yang	18yrs+	Silverspring Community Room	Tues	Jan. 17/17	Mar. 21/17	7:30-8:30	\$50	Feb. 21	Adult	SilverSpring		4	4	0	10	4
Zumba	18yrs+	SilverSpring - Sm. Gym	Thurs	Jan. 19/17	Mar. 23/17	8:15-9:15	\$50	c	Adult	SilverSpring		5	5	0	11	5
Zumba 14+	14yrs+	SilverSpring - Sm. Gym	Thurs	Jan. 19/17	Mar. 23/17	7-8pm	\$50	Feb. 23	Family	SilverSpring		7	5	4	11	5
Beginner Yoga	18yrs+	Holy Family School - multipurpose room	Mon	Jan. 16/17	Mar. 27/17	6:45 - 7:45pm	\$50	Feb. 20	Adult	WUHCA		0	5	0	7	8
Bollywood Dance for kids	6-14yrs	Holy Family School - multipurpose room	Mon			6:00- 6:45pm	\$35		Child	WUHCA	unlimited	unlimited	unlimited	unlimited	unlimited	
Co-Ed Badminton	18yrs+	Holy Family School - Lg. Gym	Tues	Jan. 17/17	Mar. 28/17	8:00-9:30pm	\$25	Feb. 21	Adult	WUHCA		2	0	2	2	6
Co-Ed Basketball	18yrs+	Willowgrove School - Lg. Gym	Tues	Jan. 17/17	Mar. 28/17	8:30-10:00 PM	\$25	Feb. 23	Adult	WUHCA		4	4	4	4	4
Co-Ed Floor Hockey	18yrs+	Holy Family school - Lg. Gym	Mon	Jan. 16/17	Mar. 27/17	8:00-9:30pm	\$25	Feb. 20	Adult	WUHCA		5	5	5	5	5
Co-Ed Floor Hockey	18yrs+						\$25		Adult	WUHCA		2	2	2	2	4
Co-Ed Tai Chi	18yrs+	Willowgrove School—multipurpose room&Flex	Mon			7:00-8:30pm	\$60		Adult	WUHCA		3	3	3	3	8
Co-Ed Volleyball	18yrs+	Holy Family School - Lg. Gym	Wed	Jan. 18/17	Mar. 29/17	8:00-9:30pm	\$25	Feb. 22	Adult	WUHCA		5	0	4	4	6
Couples Intro to Ballroom Dance	18yrs+	Willowgrove School - Lg. Gym	Thurs	Jan. 19/17	Mar. 30/17	8:45-9:45 PM	\$50/couple	Feb. 23	Adult	WUHCA	4 couples	4 couples	4 couples	4 couples	4 couples	
Jazz	6-8yrs	Holy Family School - multipurpose room	Tues			7:00-7:45 PM	\$35		Child	WUHCA		4	4	0	4	4
Multilevel Yoga	18yrs+	Holy Family School - multipurpose room	Wed	Jan. 18/17	Mar. 29/17	7:00 - 8:00pm	\$50	Feb. 22	Adult	WUHCA		5	0	0	7	8
Photography FUNdamentals	16yrs+	Holy Family School - multipurpose room	Mon	Jan. 16/17	Mar. 27/17	8:00 - 9:00pm	\$50	Feb. 20	Youth & Adult	WUHCA		5	5	5	5	10
Photography FUNdamentals Forum	16yrs+	Holy Family School - multipurpose room	Thurs	Jan. 19/17	Mar. 30/17	8:00 - 9:00pm	\$50	Feb. 23	Youth & Adult	WUHCA		5	5	5	5	10
Sports ABCs	3-5yrs	Willowgrove School - Multipurpose room	Tues			6-6:30pm	\$25		Child	WUHCA		4	2	0	0	6
Sports ABCs	6-9 yrs	Willowgrove School - Multipurpose room	Tues			6:30-7:00pm	\$25		Child	WUHCA		4	2	0	0	6
Zumba	18yrs+	TBA	TBA			TBA	\$50		Adult	WUHCA		10	5	0	5	5