

WillowGrove University Heights Fall 2012 Programming

Registration is September 6 from 6-7:30 p.m. at Centennial Collegiate School (gym), 160 Nelson Road. A membership fee of \$10 per year is required to participate in programs and must be presented at the time of registration. A late fee of 50% of the program cost will be charged for registrations after September 6, 2012. No registrations will be accepted after September 13, 2012. Refunds will only be issued if a program is cancelled by the Community Association. Please consult the community newsletter or visit www.wuhca.ca for further program details. WUHCA honours other community association memberships. Please note (**) indicates a joint program with a neighbouring Community Association. Joint programs share space with other community associations, and thus, space is limited for these programs. Please note, if there are any discrepancies between this list and the list in the Fall Leisure Guide, the Leisure Guide should be taken to be correct.

ADULT

Aerobics**	18 yrs & over	St. Volodymyr School	07:15 PM-08:15 PM	M/W	Sep 17-Nov 28	\$15/1 Night \$25/2 Nights
Beginner Bellydancing**	18 yrs & over	Bishop Filevich School	06:00 PM-07:30 PM	M	Sep 17-Dec 03	\$35
Beginner Bootcamp**	18 yrs & over	Centennial Collegiate-Dance Studio	07:15 PM-08:15 PM	W	Sep 19-Nov 21	\$50
Beginner Salsa**	18 yrs & over	Silverspring School-Sm Gym	07:15 PM-08:15 PM	F	Sep 21-Dec 07	\$30
Beginner Yoga**	18 yrs & over	Silverspring School-Sm Gym	07:30 PM-08:30 PM	W	Sep 19-Dec 05	\$60
Beginner Yoga**	18 yrs & over	Dr. J. G Egnatoff School	07:30 PM-08:30 PM	Tu	Sep 18-Nov 20	\$45
Beginner Yoga**	18 yrs & over	Dr. J. G Egnatoff School	07:30 PM-08:30 PM	Th	Sep 20-Nov 22	\$45
Bootcamp**	18 yrs & over	Forest Grove School-Lrg Gym	08:00 PM-09:00 PM	Tu	Sep 18-Nov 20	\$50
Bootcamp**	18 yrs & over	Forest Grove School-Lrg Gym	08:00 PM-09:00 PM	Th	Sep 20-Nov 22	\$50
Cardio Yoga**	18 yrs & over	Centennial Collegiate-Dance Studio	08:15 PM-09:15 PM	W	Sep 19-Nov 21	\$45
Co-ed Badminton**	18 yrs & over	Silverspring School-Lrg Gym	09:00 PM-10:00 PM	F	Sep 21-Dec 07	\$25
Co-ed Floor Hockey**	18 yrs & over	Father Robinson School	06:00 PM-07:30 PM	Su	Sep 16-Nov 25	\$15
Co-Ed Volleyball**	18 yrs & over	Silverspring School-Lrg Gym	09:00 PM-10:00 PM	Th	Sep 20-Dec 06	\$25
Core Body**	18 yrs & over	Forest Grove School-Sm Gym	06:00 PM-07:00 PM	Tu	Sep 18-Nov 20	\$40
Core Body**	18 yrs & over	Centennial Collegiate- Dance Studio	06:00 PM-07:00 PM	Th	Sep 20-Nov 22	\$40
Fitness Fun For 50+**	18 yrs & over	Centennial Collegiate-Dance Studio	06:15 PM-07:15 PM	W	Sep 19-Nov 21	\$40
Flow Yoga-Tuesday**	18 yrs & over	Forest Grove School-Sm Gym	07:00 AM-08:00 PM	Tu	Sep 18-Nov 20	\$45
Flow Yoga-Tuesday**	18 yrs & over	Centennial Collegiate-Dance Studio	07:00 PM-08:00 PM	Th	Sep 20-Nov 22	\$45
Gentle Yoga**	18 yrs & over	Dr. J. G Egnatoff School	06:30 PM-07:30 PM	Tu	Sep 18-Nov 20	\$45
Intro to Women's Kickboxing**	18 yrs & over	Silverspring School-Sm Gym	07:45 PM-08:45 PM	Tu	Sep 18-Dec 04	\$50
Introduction to Ballroom Dancing**	18 yrs & over	St. Volodymyr School	08:45 PM-09:45 PM	Th	Sep 27-Nov 29	\$50/Couple
Men's Basketball**	Adult	Silverspring School-Lrg Gym	09:00 PM-10:00 PM	Tu	Sep 18-Dec 04	\$25
Nodic Plus Walking**	18 yrs & over	Wallace Park (Willowgrove)	06:00 PM-07:00 PM	Tu	Sep 18-Oct 30	\$30
Outdoor Photography for Beginners**	18 yrs & over	St. Volodymyr School	10:00 AM-04:00 PM	Sa	Sep 15	\$25
Pilates Beginner**	18 yrs & over	Silverspring School-Comm Rm	07:00 PM-08:00 PM	Tu	Sep 18-Dec 04	\$60
Pilates Intermediate**	18 yrs & over	Silverspring School-Comm Rm	08:15 PM-09:15 PM	Tu	Sep 18-Dec 04	\$60
Power Yoga**	18 yrs & over	Silverspring School-Sm Gym	07:30 PM-09:00 PM	M	Sep 17-Dec 03	\$70
Spanish-Conversational**	18 yrs & over	Silverspring School-Comm Rm	07:35 PM-08:35 PM	Th	Sep 20-Dec 06	\$50
Unwrapping Christmas**	18 yrs & over	St. Volodymyr School	09:00 AM-12:00 PM	Sa	Nov 03	TBA
Zumba**	14 yrs & over	Silverspring School-Sm Gym	07:00 PM-08:00 PM	Th	Sep 20-Dec 06	\$40
Zumba**	18 yrs & over	Silverspring School-Sm Gym	08:15 PM-09:15 PM	Th	Sep 20-Dec 06	\$40
Zumba**	18 yrs & over	Dr. J.G. Egnatoff School-Sm Gym	08:30 PM-09:30 PM	Th	Sep 20-Nov 22	\$40
Zumba**	18 yrs & over	St. Volodymyr School	08:30 PM-09:30 PM	W	Sep 26-Nov 28	\$40

ALL AGES

Family Swim**	Family	Lakewood Civic Centre	07:00 PM-08:30 PM	Su	Sep 16-Dec 02	\$65/Fall \$125/Fall & Winter
Karate for All**						
Karate for All**	5 yrs & over	Sutherland School	06:00 PM-07:30 PM	M	Sep 17-Nov 26	\$15/Person \$30/Family

CHILDREN/YOUTH

Babysitting**	12 yrs & over	St. Volodymyr School	01:00 PM-05:00 PM	Sa/Su	Nov 3-4	\$25
Babysitting**	12 yrs & over	Dr. J. G Egnatoff School	06:30 PM-08:30 PM	M	Sep 24-Oct 22	\$25
Cartooning**	9-12 yrs	Dr. J. G Egnatoff School-Library	07:00 PM-08:00 PM	W	Sep 19-Nov 28	\$40
Cheerleading**	8-11 yrs	Dr. J. G Egnatoff School	06:00 PM-07:00 PM	M	Sep 17-Dec 03	\$40
Floor Hockey**	6-8 yrs	St. Volodymyr School	06:00 PM-06:45 PM	Th	Sep 27-Nov 22	\$20
Floor Hockey**	6-8 yrs	St. Volodymyr School	06:45 PM-07:30 PM	Th	Sep 27-Nov 22	\$20

Floor Hockey**	9-12 yrs	St. Volodymyr School	07:30 PM-08:30 PM	Th	Sep 27-Nov 22	\$25
Kids Yoga**						
Kids Yoga**	8-12 yrs	Silverspring School-Sm Gym	06:15 PM-06:45 PM	Th	Sep 20-Dec 06	\$40
Learn to Draw**	10-14 yrs	Forest Grove School-Library	07:00 PM-08:00 PM	Tu	Sep 25-Nov 20	\$30
Learn to Draw**	6-9 years	Forest Grove School Library	06:00 PM-07:00 PM	Tu	Sep 25-Nov 20	\$30
Sew Much Fun 1-Beginner Sewing**	7-12 yrs	Father Robinson School	06:00 PM-07:00 PM	Th	Sep 20-Nov 22	\$25
						+ materials
Sew Much Fun 2- Machine Sewing** (Bring own Machine)	7-12 yrs	Father Robinson School	07:15 PM-08:15 PM	Th	Sep 20-Nov 22	\$25
						+ materials
Spanish Beginner**	18 yrs & over	Silverspring School-Comm Rm	07:35 PM-08:35 PM	W	Sep 19-Dec 05	\$50
Spanish Beginner Plus**	18 yrs & over	Silverspring School-Comm Rm	06:30 PM-07:30 PM	Th	Sep 20-Dec 06	\$50
Spanish for Teens**	13 yrs & over	Silverspring School-Comm Rm	06:30 PM-07:30 PM	W	Sep 19-Dec 05	\$50
Tennis**	6-8 yrs	Sutherland School	06:00 PM-07:00 PM	W	Sep 26-Nov 21	\$20
Tennis**	9-12 yrs	Sutherland School	07:00 PM-08:00 PM	W	Sep 19-Nov 21	\$20
Theatre**	9-12 yrs	Dr. J. G Egnatoff School-Music Rm	07:00 PM-08:00 PM	Tu	Sep 18-Mar 26	\$40
Hip Hop/Jazz	6-8 yrs	Centennial Collegiate- Dance Studio	07:00 PM-07:45 PM	Tu	Sep 25-Dec 04	\$25
Hip Hop/Jazz	9-11 yrs	Centennial Collegiate- Dance Studio	07:45 PM-08:30 PM	Tu	Sep 25-Dec 04	\$25

PRESCHOOL

Beginner Ballet	3-5 yrs	Centennial Collegiate- Dance Studio	06:00 PM-06:30 PM	Tu	Sep 25-Dec 04	\$25
Beginner Jazz/Hip Hop	3-5 yrs	Centennial Collegiate- Dance Studio	06:30 PM-07:00 PM	Tu	Sep 25-Dec 04	\$25
Blast Ball**	3-4 yrs	Bishop Filevich School	06:15 PM-07:00 PM	Th	Sep 27-Nov 22	\$25
Blast Ball**	4-5 yrs	Bishop Filevich School	07:00 PM-07:45 PM	Th	Sep 27-Nov 22	\$25
Kindersize II**	3-5 yrs	St. Volodymyr School	06:30 PM-07:00 PM	Tu	Sep 25-Nov 20	\$20
Kindersize Parent & Tot**	2-3 yrs	St. Volodymyr School	06:00 PM-06:30 PM	Tu	Sep 25-Nov 20	\$20
Sports ABC's**	3-5 yrs	Silverspring School-Sm Gym	06:00 PM-06:30 PM	W	Sep 19-Dec 05	\$20
Sports ABC's**	3-5 yrs	Silverspring School-Sm Gym	06:35 PM-07:05 PM	W	Sep 19-Nov 28	\$20