

Willowgrove/University Heights Winter Programming

Registration is Wednesday, January 4, 2012 from 7:00-9:00 p.m. at Centennial Collegiate (160 Nelson Road). Please check our website: www.wuhca.com for programming information and updates. A Membership fee of \$10.00/individual or family per year is required to participate in programs. Late registrations will only be taken up to January 11, 2012, and may be submitted by email to program.coordinator@wuhca.ca. A \$10.00 fee may be applied per late registration. For more information contact 371-7036. Willowgrove Community Association honours other community association memberships. As this list was prepared prior to publication of the City of Saskatoon Leisure Guide, the Leisure Guide shall be taken as correct if there are any discrepancies.

As Willowgrove University Heights doesn't have dedicated facilities at present, many of our programs are shared with neighbouring community associations, and we are allocated limited space in their programs. Programs marked by ** are shared with Sutherland Forest Grove, Erindale Arbor Creek and Silverspring Community Associations.

| ADULT | | | | | | |
|--|---------------|------------------------------------|-------------------|-------|---------------|-------------------------------|
| Aerobics** | 18 yrs & over | St. Volodymyr School | 07:15 PM-08:15 PM | M/W | Jan 23-Apr 02 | \$15/1 Night \$25/2 Nights |
| Beginner Bellydance** | 18 yrs & over | Bishop Filevich School | 06:00 PM-07:30 PM | M | Jan 16-Apr 02 | \$35 |
| Beginner Salsa** | 18 yrs & over | Silverspring School-Sm Gym | 07:15 PM-08:15 PM | F | Feb 03-Apr 06 | \$30/Couple |
| Beginner Yoga** | 18 yrs & over | Dr. J. G Egnatoff School | 07:30 PM-08:30 PM | Th | Jan 26-Apr 05 | \$45 |
| Beginner Yoga** | 18 yrs & over | Dr. J. G Egnatoff School | 07:30 PM-08:30 PM | Tu | Jan 24-Apr 03 | \$45 |
| Bellydancing- Tribal Fusion** | 18 yrs & over | Bishop Filevich School | 07:30 PM-09:00 PM | M | Jan 16-Apr 02 | \$35 |
| Bootcamp Level 1** | 18 yrs & over | Forest Grove School-Lrg Gym | 08:00 PM-09:00 PM | Tu | Jan 24-Apr 03 | \$50 |
| Bootcamp Level 2** | 18 yrs & over | Forest Grove School-Lrg Gym | 08:00 PM-09:00 PM | Th | Jan 26-Apr 05 | \$50 |
| Co-ed Floor Hockey** | 18 yrs & over | Father Robinson School | 06:00 PM-07:30 PM | Su | Jan 22-Apr 01 | \$15 |
| Co-Ed Volleyball** | 18 yrs & over | Silverspring School-Lrg Gym | 09:00 PM-10:00 PM | Th | Jan 19-Apr 05 | \$20 |
| Core Body I** | 18 yrs & over | Forest Grove School-Sm Gym | 06:00 PM-07:00 PM | Tu | Jan 24-Apr 03 | \$40 |
| Core Body I/II** | 18 yrs & over | Centennial Collegiate | 06:00 PM-07:00 PM | Th | Jan 26-Apr 05 | \$40 |
| Fitness Fun For 50+** | 18 yrs & over | Centennial Collegiate-Dance Studio | 06:00 PM-07:00 PM | W | Jan 25-Apr 04 | \$40 |
| Flow Yoga-Thursday** | 18 yrs & over | Centennial Collegiate | 07:00 PM-08:00 PM | Th | Jan 26-Apr 05 | \$35 |
| Flow Yoga-Tuesday** | 18 yrs & over | Forest Grove School-Sm Gym | 07:00 PM-08:00 PM | Tu | Jan 24-Apr 03 | \$35 |
| Intermediate Pilates** | 18 yrs & over | Silverspring School-Community Rm | 08:15 PM-09:15 PM | Tu | Jan 17-Apr 03 | \$60 |
| Interval Training** | 18 yrs & over | Dr. J. G Egnatoff School | 06:30 PM-07:30 PM | Th | Jan 26-Apr 05 | \$40 |
| Interval Training** | 18 yrs & over | Dr. J. G Egnatoff School | 07:00 PM-08:00 PM | M | Jan 23-Apr 02 | \$40 |
| Intro to Ballroom** | 18 yrs & over | St. Volodymyr School | 08:45 PM-09:45 PM | Th | Jan 19-Apr 05 | \$50/Couple |
| Learn to Knit** | TBA | Forest Grove School-Library | 07:00 PM-08:00 PM | Th | Jan 26-Mar 22 | \$30 |
| Men's Basketball** | 18 yrs & over | Silverspring School-Lrg Gym | 09:00 PM-10:15 PM | Tu | Jan 24-Apr 03 | \$20 |
| Pilates Beginner** | 18 yrs & over | Silverspring School-Community Rm | 07:00 PM-08:00 PM | Tu | Jan 17-Apr 10 | \$60 |
| Power Yoga** | 18 yrs & over | Silverspring School-Sm Gym | 07:30 PM-09:00 PM | M | Jan 23-Apr 02 | \$70 |
| Reclaim Your Space** | 18 yrs & over | TBA | 09:00 AM-03:30 PM | Sa | Feb 04 | \$55 |
| Spanish-Beginner** | 18 yrs & over | Silverspring School-Community Rm | 06:30 PM-07:30 PM | Th | Jan 19-Apr 05 | \$50 |
| Spanish-Intermediate** | 18 yrs & over | Silverspring School-Community Rm | 07:30 PM-08:30 PM | Th | Jan 19-Apr 05 | \$50 |
| Standard First Aid/ CPR/AED certification** | 18 yrs & over | Father Robinson School-Library | 09:00 AM-06:00 PM | Sa/Su | Feb 11-Feb 12 | \$110 |
| Zumba** | 14 yrs & over | Silverspring School-Sm Gym | 07:00 PM-08:00 PM | Th | Jan 19-Apr 05 | \$40 |
| Zumba** | 18 yrs & over | Silverspring School-Sm Gym | 08:15 PM-09:15 PM | Th | Jan 19-Apr 05 | \$40 |

ALL AGES

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| Family Swim | Family | Lakewood Civic Centre | 07:00 PM-08:30 PM | Su | Jan 22-Apr 01 | \$65 |
| Karate for All** | 5 yrs & over | Sutherland School | 06:00 PM-07:30 PM | M | Jan 16-Mar 19 | \$15/Person \$30/Family |

CHILDREN/YOUTH

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|----------------|---------------|-------------------------------------|-------------------|-------|---------------|------|
| Babysitting** | 12 yrs & over | Dr. J. G Egnatoff School | 06:30 PM-08:30 PM | M | Mar 05-Mar 26 | \$25 |
| Babysitting** | 12 yrs & over | St. Volodymyr School | 09:00 AM-01:00 PM | Sa/Su | Apr 21-Apr 22 | \$25 |
| Cartooning** | 9-12 yrs | Dr. J. G Egnatoff School-Library | 07:00 PM-08:00 PM | W | TBA | \$40 |
| Cheerleading** | 8-11 yrs | Dr. J. G Egnatoff School-Sm Gym | 06:00 PM-07:00 PM | M | TBA | \$40 |
| Dodgeball** | 10-13 yrs | Silverspring School-Sm Gym | 08:25 PM-09:05 PM | F | Jan 20-Mar 30 | \$10 |
| Dodgeball** | 13-15 yrs | Silverspring School-Sm Gym | 09:10 PM-10:00 PM | F | Jan 20-Mar 30 | \$10 |
| Floor Hockey** | 6-8 yrs | St. Volodymyr School | 06:00 PM-07:00 PM | Th | Jan 26-Mar 29 | \$20 |
| Floor Hockey** | 9-12 yrs | St. Volodymyr School | 07:00 PM-08:00 PM | Th | Jan 26-Mar 29 | \$20 |
| Hip Hop/Jazz | 6-8 yrs | Centennial Collegiate- Dance Studio | 07:00 PM-07:45 PM | Tu | Jan 17-Apr 03 | \$25 |
| Hip Hop/Jazz | 9-12 yrs | Centennial Collegiate- Dance Studio | 07:45 PM-08:30 PM | Tu | Jan 17-Apr 03 | \$25 |
| Kids Cook** | 7-9 yrs | St. Volodymyr School | 06:00 PM-07:15 PM | Tu | Jan 24-Mar 27 | \$35 |

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| Kids Cook II** | 9-12 yrs | St. Volodymyr School | 06:00 PM-08:00 PM | W | Jan 25-Mar 28 | \$45 |
| Kids Yoga** | 8-12 yrs | Silverspring School-Sm Gym | 06:20 PM-07:10 PM | W | Jan 18-Apr 04 | \$40 |
| Learn to Draw** | 6-9 yrs | Forest Grove School-Library | 06:00 PM-07:00 PM | Tu | Jan 24-Mar 27 | \$30 |
| Learn to Draw** | 10-14 yrs | Forest Grove School-Library | 07:00 PM-08:00 PM | Tu | Jan 24-Mar 27 | \$30 |
| Multimedia Art** | 8-12 yrs | Sutherland School | 06:15 PM-07:30 PM | W | Jan 25-Mar 28 | \$30 |
| Sew Much Fun 1-Beginner Sewing** | 7-12 yrs | Father Robinson School | 06:00 PM-07:00 PM | Th | TBA | \$25 + materials |
| Sew Much Fun 2- Machine Sewing** | 7-12 yrs | Father Robinson School | 07:15 PM-08:15 PM | Th | TBA | \$25 + materials |
| Tennis** | 6-8 yrs | Sutherland School | 06:00 PM-07:00 PM | W | Jan 25-Mar 28 | \$20 |
| Tennis** | 9-12 yrs | Sutherland School | 07:00 PM-08:00 PM | W | Jan 25-Mar 28 | \$20 |

PRE-SCHOOL

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|-----------------------|----------------|-------------------------------------|-------------------|----|---------------|------|
| Beginner Ballet | 3-5 yrs | Centennial Collegiate- Dance Studio | 06:00 PM-06:30 PM | Tu | Jan 17-Mar 27 | \$25 |
| Beginner Jazz/Hip Hop | 3-5 yrs | Centennial Collegiate- Dance Studio | 06:30 PM-07:00 PM | Tu | Jan 17-Apr 03 | \$25 |
| Blast Ball** | 3-4 yrs | Bishop Filevich School | 06:15 PM-07:00 PM | Th | Jan 26-Mar 29 | \$25 |
| Blast Ball** | 4-5 yrs | Bishop Filevich School | 07:00 PM-07:45 PM | Th | Jan 26-Mar 29 | \$25 |
| Kindersize II** | 3-5 yrs | St. Volodymyr School | 06:30 PM-07:00 PM | Tu | Jan 24-Mar 27 | \$20 |
| Kindersize P & T** | 2-3 yrs +adult | St. Volodymyr School | 06:00 PM-06:30 PM | Tu | Jan 24-Mar 27 | \$20 |
| Sports ABC's** | 3-5 yrs | Silverspring School-Sm Gym | 05:45 PM-06:15 PM | Th | Jan 19-Apr 05 | \$20 |