

Children/Youth

2010 WINTER PROGRAMS For Willowgrove University Heights Community Association

Babysitting Course - Certified St. John's Ambulance Course. Manual is included in registration fee and student must bring an infant sized doll or stuffed animal to class, as well as a sizable snack. Students must attend all classes to receive certificate. *12+ (11 year olds may take the class, but will not receive certificates until they turn 12).*

Two options:

- *Egnatoff School from 6:30 - 8:30 pm Mondays, Mar 28 - Apr 18 (4 classes)*
- *or St. Volodymyr School from 1:00 - 5:00 pm Sat/Sun, Feb 12/13 (2 classes)*

Floor Hockey - Have your boys and girls burn off some energy!

- *6-8 yrs at St. Volodymyr School Thursdays from 6:00 - 7:00 pm, Jan 20 - Mar 24 (9 sessions)*
- *9-12 yrs at St. Volodymyr School Thursdays from 7:00 - 8:00 pm, Jan 20 - Mar 24 (9 sessions)*

Learn to Draw - Learn the basics of drawing with a qualified instructor

- *6-9 yrs at Forest Grove School library Tuesdays from 6:00 - 7:00 pm, Jan 18 - Mar 22 (9 classes)*
- *10-14 yrs at Forest Grove School library Tuesdays from 7:00 - 8:00 pm, Jan 18 - Mar 22 (9 classes)*

Cooking for Kids - A beginner class for kids who are interested in learning simple meal planning and preparation. Emphasis on food handling, kitchen safety and fun! One parent is required at each class to assist. *6-9 yrs at St. Volodymyr School Tuesdays from 6:00 - 7:15 pm, Jan 18 - Mar 24 (9 classes)*

Cooking for Kids II - A class to expand your cooking skills. One parent is required at each class to assist. *9-12 yrs at St. Volodymyr School Wednesdays from 6:00 - 8:00 pm, Jan 19 - Mar 23 (9 classes)*

Sew Much Fun I - Beginner Sewing *7-12 yrs at Father Robinson School Wednesdays from 6:00 - 7:00 pm, Jan 19 - Mar 30 (10 classes)*

Sew Much Fun 2 - Machine Sewing - Children should have completed Sew Much Fun I course or should be familiar with sewing basics. *7-12 yrs at Father Robinson School Wednesdays 7:15 - 8:15 pm, Jan 19 - Mar 30 (10 classes)*

Cheerleading - Learn flips, lifts, moves and much more! *8-11 yrs at Egnatoff School small gym Thursdays from 6:00 - 7:00 pm, Jan 20 - Mar 31 (10 classes)*

Cartooning - Do you like to doodle and you want to cartoon? Learn the basics from start to finish. Materials required for first class are 2 black Sharpies - 1 fine & 1 ultra-fine, 2 or 3 pencils (pencil crayons optional), 1 drawing pad (minimum 11" x 14" with 50 pages natural white paper or white newsprint). *9-12 yrs Egnatoff School Library Wednesdays from 7:00 - 8:00 pm, Jan 19 - Mar 30 (10 classes)*

Yoga for Kids - An interactive class open to boys and girls that combines movement and balance. Geared to teach body awareness in a positive and relaxed environment while promoting wellness. Bring a mat if you have one. *7-14 yrs at Silverspring School small gym Wednesdays from 6:20 - 7:10 pm, Jan 19 - Mar 30 (10 classes)*

Beginner Jazz Dance - Interactive class taught by a qualified instructor to introduce children the basic jazz steps. Non-competitive and includes fun instruction and positive encouragement. *4-6 yrs at Centennial Collegiate dance studio Mondays from 7:00 - 7:45 pm, Jan 17 - Mar 28 (10 classes)*

Jazz / Hip Hop Dance - With a basis in jazz dance, learn also the latest hip hop moves in this fun and energetic class. A great way to exercise to funky music.

- *6-8 yrs at Centennial Collegiate dance studio Tuesdays from 6:30 - 7:15 pm, Jan 18 - Mar 29 (10 classes)*
- *9-11 yrs at Centennial Collegiate dance studio Tuesdays from 7:15 - 8:00 pm, Jan 18 - Mar 29 (10 classes)*