

# WUHCA FALL PROGRAMMING

WUHCA has expanded its program offering through sharing programs with the surrounding community associations. We are also offering some of our own programs. Have a look at the listing below and see which programs you would be interested to participate in.

Registration is Thursday September 2, 2010, following the AGM at 7:00p.m. until 9:00 pm at Centennial Collegiate, 160 Nelson Road. Please check our website: [www.wuhca.com](http://www.wuhca.com) for programming information and updates. Membership fee of \$10.00/individual or family per year is required to participate in programs. A \$10.00 fee may be applied per late registration. For more information contact 371-7036. Willowgrove Community Association honours other community association memberships.

## ADULT

Adult Zumba** \$35.00	18 yrs +	Silverspring School-Sm Gym	08:45 PM-09:45 PM	Th	Sep 23-Dec 02	
Aerobics**	18 yrs +	St. Volodymyr School 0	7:15 PM-08:15 PM	M+/orW	Sep 27-Nov 24	1 Night \$15 F \$25 F/W 2 Nights \$25 F \$45 F/W
Beginner Mat Pilates	18 yrs +	Silverspring School-Sm Gym	06:00 PM-07:00 PM	M	Sep 20-Nov 29	\$55.00
Beginner Spanish	18 yrs +	Mother Teresa School-Science Rm	07:00 PM-08:00 PM	Th	Sep 23-Dec 02	\$50.00
Beginner Yoga**	18 yrs +	Dr.J.G.Egnatoff School-Sm Gym	07:30 PM-08:30 PM	Tu	Sep 21-Nov 23	\$50.00
Bootcamp 1**	18 yrs +	Forest Grove School-Lrg Gym	08:00 PM-09:00 PM	Tu	Sep 21-Nov 16	\$45.00
Bootcamp 2**	18 yrs +	Forest Grove School-Lrg Gym	08:00 PM-09:00 PM	Th	Sep 23-Nov 25	\$45.00
Co-ed Floor Hockey**	18 yrs +	Father Robinson School	06:00 PM-07:30 PM	Su	Sep 19-Dec 12	\$15/F \$25 F/W
Co-ed Rec Volleyball	18 yrs +	Forest Grove School	08:30 PM-09:30 PM	Th	Sep 23-Dec 01	\$15 F \$25 F/W
Core Body I**	18 yrs +	Dr.J.G. Egnatoff School-Sm Gym	07:00 PM-08:00 PM	M	Sep 20-Nov 22	\$25.00
Core Body II**	18 yrs +	Centennial Collegiate-Dance Studio	07:00 PM-08:00 PM	W	Sep 22-Nov 17	\$25.00
Flow Yoga**	18 yrs +	Dr.J.G.Egnatoff School-Sm Gym	08:00 PM-09:00 PM	M	Sep 20-Nov 22	\$40.00
Smart Start Stretch & Tone**	18 yrs +	Dr.J.G.Egnatoff School-Sm Gym	06:30 PM-07:30 PM	Tu	Sep 21-Nov 23	\$25/F \$40 F/W
Standard First Aid/CPR C /AED**	18 yrs +	Father Robinson School-Library	08:00 AM-06:00 PM	Sa/Su	Oct 16-Oct 17	\$110.00
Strippercise**	18 yrs +	Centennial Collegiate-Dance Studio	08:00 PM-09:00 PM	Th	Sep 23-Nov 18	\$40.00

## ALL AGES

Karate for All**	5 yrs +	Bishop Filevich Ukrainian School	06:00 PM-07:30 PM	Tu	Sep 21-Nov 23	\$15/person or \$30/family
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## CHILDREN/YOUTH

Babysitting Course**	12 yrs +	St. Volodymyr School I	01:00 PM-05:00 PM	Sa/Su	Nov 20-Nov 21	\$25.00
Babysitting Course**	12 yrs +	Dr.J.G.Egnatoff School	06:30 PM-08:30 PM	M	Oct 08-Nov 01	\$25.00
Beginner Ballet	3-5 yrs	TBA	06:30 PM-07:00 PM	M	Sep 20-Nov 29	\$25.00
Beginner Jazz	6-8 yrs	TBA	07:00 PM-07:45 PM	M	Sep 20-Nov 20	\$25.00
Blast Ball**	4-5 yrs	Bishop Filevich Ukrainian School	07:00 PM-7:45 PM	Th	Sep 23-Dec 02	\$25.00
Cartooning**	9-12 yrs	Dr.J.G.Egnatoff School-Library	07:00 PM-08:00 PM	W	Sep 15-Nov 17	\$30.00
Cheerleading**	11-14 yrs	Dr.J.G. Engatoff School-Sm Gym	07:00 PM-08:00 PM	Th	Sep 16-Nov 25	\$30.00
Cheerleading**	8-11 yrs	Dr.J.G.Egnatoff School-Sm Gym	06:00 PM-07:00 PM	Th	Sep 16-Nov 25	\$30.00
Chef 'Boy' Ardee**	8-12 yrs	Forest Grove Community Church	07:15 PM-08:15 PM	Tu	Sep 14-Nov 16	\$40.00
Chef 'Girl' Ardee**	8-12 yrs	Forest Grove Community Church	06:00 PM-07:00 PM	Tu	Sep 14-Nov 16	\$40.00
Floor Hockey**	9-12 yrs	St. Volodymyr School 0	7:00 PM-08:00 PM	Th	Sep 23-Dec 02	\$20.00
Floor Hockey**	6-8 yrs	St. Volodymyr School 0	6:00 PM-07:00 PM	Th	Sep 23-Dec 02	\$20.00
Kids Zumba**	8-11 yrs	Silverspring School-Sm Gym	07:10 PM-07:50 PM	Th	Sep 23-Dec 02	\$25.00
Learn to Draw**	10-14 yrs	Forest Grove School-Library	07:00 PM-08:00 PM	Tu	Sep 21-Nov 23	\$30.00
Learn to Draw**	6-9 yrs	Forest Grove School-Library	06:00 PM-07:00 PM	Tu	Sep 21-Nov 23	\$30.00
Sew Much Fun 1- (Beginner Sewing)**	7-12 yrs	Father Robinson School	TBA	TBA	TBA	\$25+Materials
Sew Much Fun 2- (Machine Sewing)**	7-12 yrs	Father Robinson School	TBA	TBA	TBA	\$25 + Materials
Teen Zumba**	12-15 yrs	Silverspring School-Sm Gym	07:55 PM-08:35 PM	Th	Sep 23-Dec 02	\$25.00
Theatre**	10-13 yrs	Dr.J.G.Egnatoff School-Sm Gym	06:00 PM-07:00 PM	W	Sep 15-Mar 16	\$40.00
Yoga For Kids**	7-14 yrs	Silverspring School-Sm Gym	06:00 PM-07:00 PM	W	Sep 22-Dec 01	\$40.00

## PRESCHOOL

Blast Ball** \$25.00	3-4 yrs	Bishop Filevich Ukrainian School	06:15 PM-07:00 PM	Th	Sep 23-Dec 02	
Kindersize II**	4-5 yrs & Adult	St. Volodymyr School	06:30 PM-07:00 PM	Tu	Sep 21-Nov 23	\$20.00
Kindersize Parent & Tot**	2-3 yrs & Adult	St. Volodymyr School	06:00 PM-06:30 PM	Tu	Sep 21-Nov 23	\$20.00
Move to Music**	3.5-5 yrs	Bishop Filevich Ukrainian School	06:00 PM-6:30 PM	Tu	Sep 22-Nov 24	\$30.00

## Refund Policy

- Community Association Membership Fee is NON-REFUNDABLE.
- Requests to withdraw from a program are to be made to the program co-ordinator ONLY and not to the teacher or leader of the program.
- Requests to withdraw will only be accepted within two weeks of the start of the program.
- Refunds of the program fees will be at the discretion of the program coordinator, based on their ability to find a replacement participant in the program.
- Refunds of program fees, if granted, will be based on the proportion of the program remaining and in addition will be subject to a \$5 administration fee.